

K-Complex detection algorithm in non-REM sleep

Aylin Vazquez Chenlo^{1,2#}, Julia Carosi^{1,2#}, Giulia Carbonari^{1,3}, Cecilia Forcato^{1,4} & Rodrigo Ramele²

¹ Laboratorio de Sueño y Memoria, Depto. de Ciencias de la Vida, Instituto Tecnológico de Buenos Aires (ITBA).

² Centro de Inteligencia Computacional, Depto. de Ingeniería Informática, Instituto Tecnológico de Buenos Aires (ITBA).

³ PLADEMA, UNICEN-CONICET.

⁴ Consejo Nacional de Investigaciones Científicas y Técnicas, CONICET.

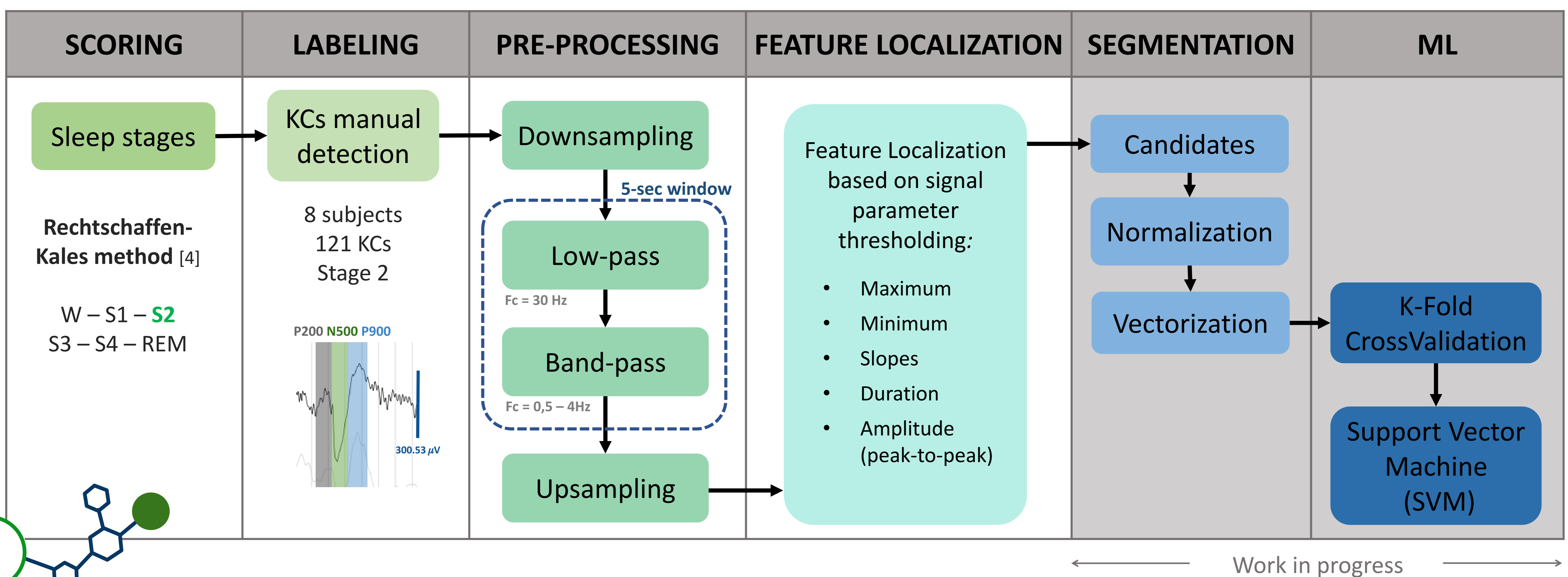
Contributed equally.

INTRODUCTION

- Slow waves orchestrate the hippocampal-cortical communication favoring the transfer of information from the hippocampus to the cortex and its long-term consolidation. [1]
- K-complex (KC) are a type of slow wave that can be evoked by different stimuli or occur spontaneously during sleep. [2]
- It is possible to induce the reactivation of specific memories through the presentation of cues linked to the learned task resulting in induced KCs and memory enhancement. [3]

- **Main goal:** In order to evaluate the relation between KC and memory processes our main goal was to create a method with Machine Learning techniques to characterize and identify KCs.

METHODS



Programming language: Python 3.7.6 - MNE Python Library [5]

RESULTS

A_{pp} : Peak-to-peak amplitude

σ^2 : Variance

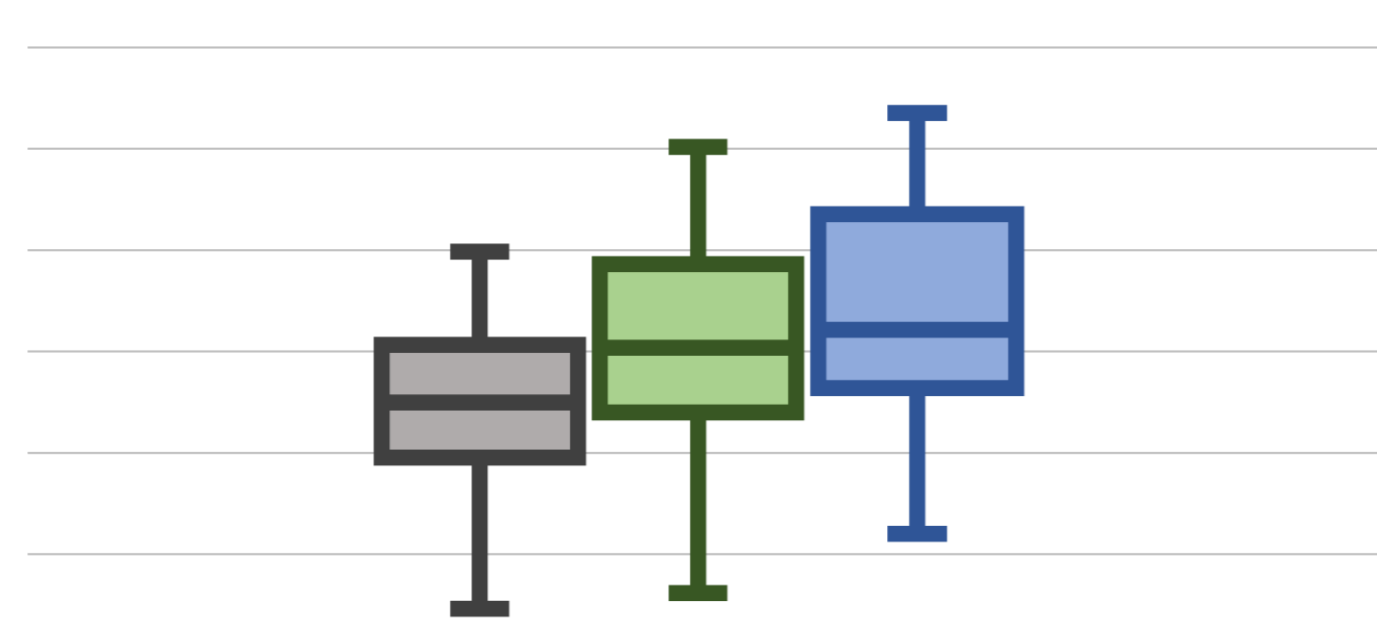
Raw: KC with no-filtering

Filt: KC with filtering

$$SNR_{[dB]} = 10 \times \log \left(\frac{signal}{noise} \right)$$

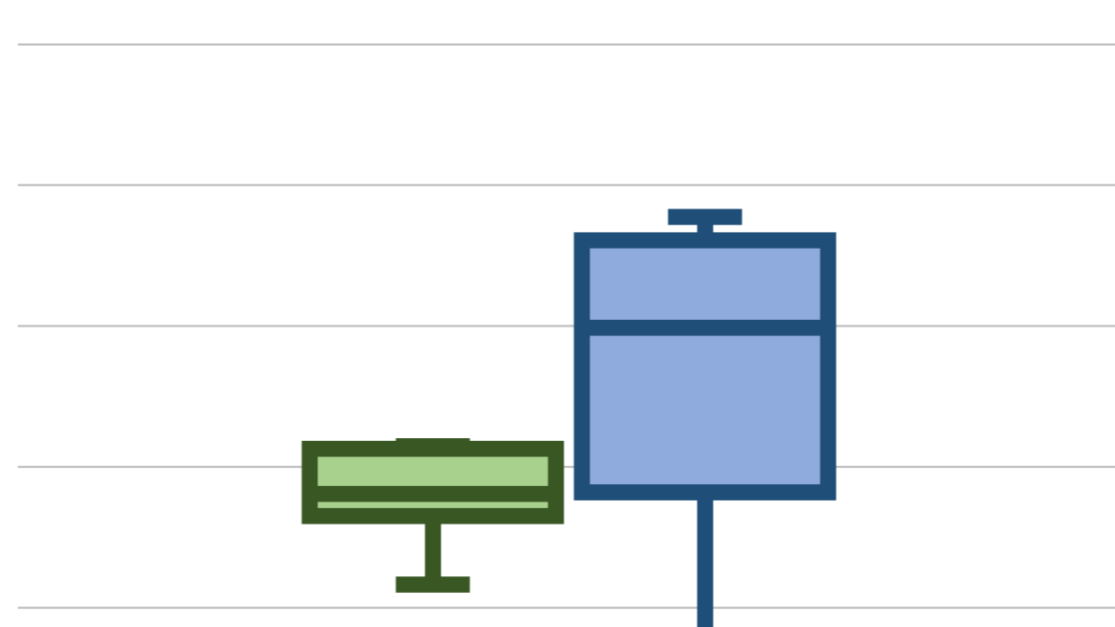
$$\widehat{SNR}_1 = \frac{A_{pp}}{\sigma^2} [dB]$$

$$\widehat{SNR}_2 = \frac{Filt}{Raw - Filt} [dB]$$



■ RawEEG ■ Tononi ■ 5-sec win

4,95 ± 1,03 dB
5,00 ± 1,31 dB
5,03 ± 1,30 dB



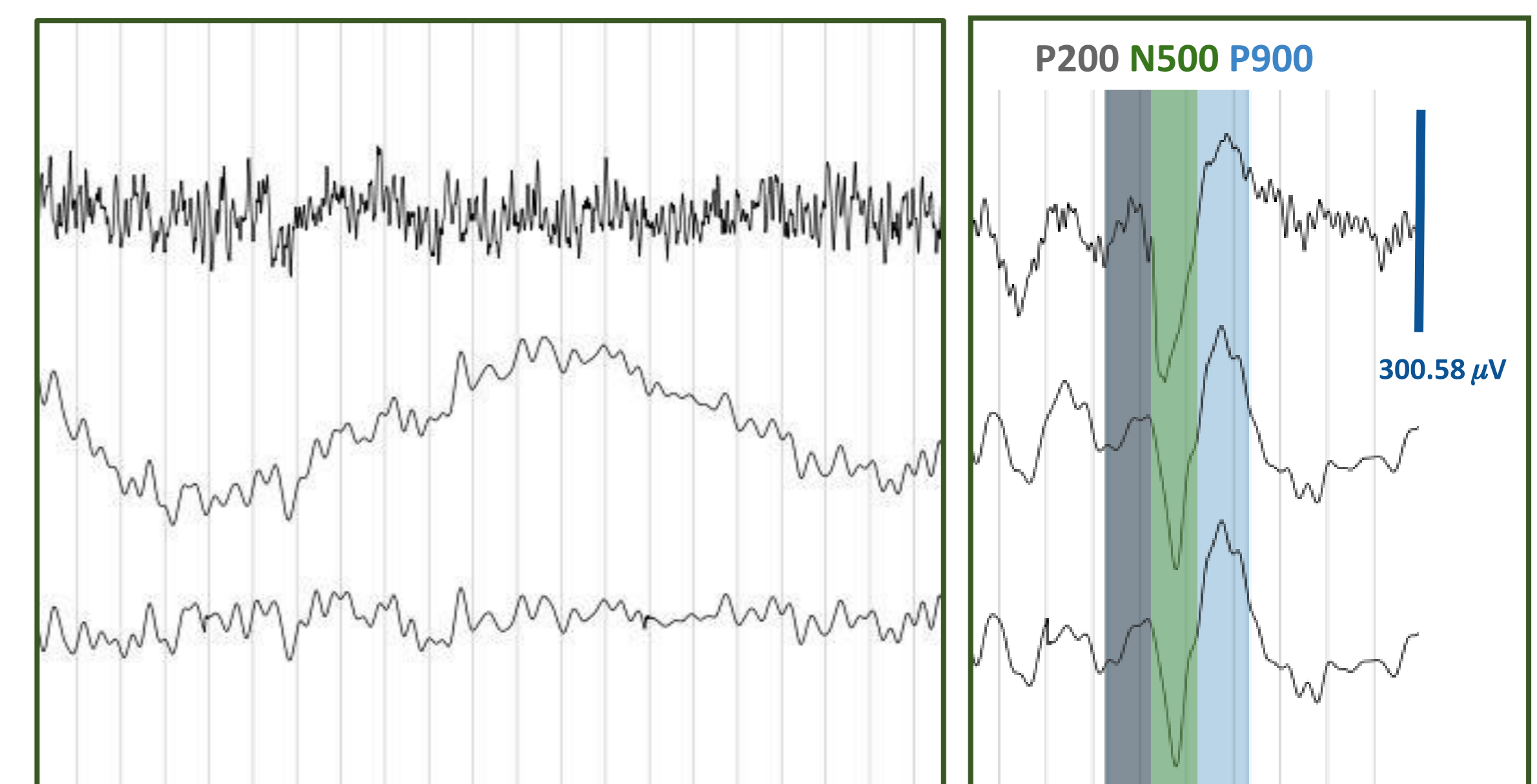
■ Tononi ■ 5-sec win

6,91 ± 0,53 dB
7,91 ± 2,00 dB

Raw EEG

Tononi [6]

5-sec win



CONCLUSIONS

- Filter improved (visual & analytical).
- Higher number of hits.

Future directions: Optimize the algorithm with SVM.

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